



## HOW TO RECORD YOUR MILES Ride your way up the Leaderboard!

### 1: On your phone: Download the **Strava App** your phones App Store



### 2: In the **STRAVA APP**: Sign Up and Create Your Profile

### 3: In your **Bike to the Beach Portal**: Connect your **STAVA** profile to the **B2B Portal and Leaderboard**

(Start here if you already have a **STRAVA** account)

#### Log in to your **Bike to the Beach Portal**

- 1) Click Fundraising
- 2) Click Virtual Ride & Advocacy Challenge
- 3) Select the box to Opt-In to the Challenge
- 4) Enter Your Distance Goal and Save
- 5) Click "Integrate with your Strava Account"
- 6) Authorize Bike to the Beach to capture Strava Data
- 7) Check that the account is now connected

**Steps 1-5**

#### Step 6

#### Step 7

3. Your Bike to the Beach and Strava accounts are now connected!

### 4: In the **STRAVA APP**: Log Your Miles

- 1) Open Your **Strava App**
- 2) Log Your Miles
  - A) Click the + icon to enter your miles manually
  - B) Click "Record" to have the App record your activity, then select Stop when complete
  - C) Connect a GPS watch or computer

